



Alburnett breakfast and lunch menus

April

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>No school</p>	<p>2 Pancakes/syrup</p> <p>Breaded chicken fillet/bun Shredded lettuce, mayo String cheese Smile fries *Student favorite! Fresh carrots & celery/hummus or dip Mandarin oranges Whole fruit frozen juice cups Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Pizza burger/bun</p>	<p>3 Bagels/cream cheese, yogurt</p> <p>French bread pizza boat or cheese pizza Marinara dipping sauce Tossed salad greens/dressing Cucumbers/dip Peaches Fresh apple wedges Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Boneless Buffalo wings/dipping sauce *Student favorite</p>	<p>4 Mini <i>Eggo</i> waffles/syrup</p> <p>French toast/syrup Sausage links Yogurt/granola Variety of fresh vegetables/dip Variety of applesauce Mixed berries Cinnamon grahams Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Breakfast pizza</p>	<p>5 Scrambled eggs, bacon, toast</p> <p>Flame-grilled burger/bun (cheese optional, pickles) Battered sweet potato & crinkle fries Fresh broccoli & cauliflower/hummus Fresh orange wedges Strawberries & bananas Fresh-baked cookie Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Pulled BBQ pork/bun</p>
<p>8 Warm <i>Pillsbury</i> Frudel</p> <p>Chicken nuggets/dipping sauce Potato wedges Baked beans Fresh pepper strips/dip or hummus Fresh pears Pineapple & mandarin oranges Animal crackers Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Meatball marinara sub/mozzarella</p>	<p>9 Breakfast pizza</p> <p>Macaroni & cheese 'Lil Smokies Blueberry muffin Variety of fresh vegetables/hummus or dip Bananas & grapes Citrus fruit cup Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Crispitos/salsa</p>	<p>10 Pancake and sausage on a stick</p> <p>Corndog Oven-baked tots *Local food spotlight-Seasoned green beans-Iowa Food Hub Cottage cheese Cucumbers/dip Fresh orange wedges Rainbow applesauce Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Spicy popcorn chicken/dipping sauce</p>	<p>11 Homemade breakfast burrito/salsa</p> <p>Soft-shell beef taco or chicken fajita Sour cream, salsa, lettuce, shredded cheese Mexican Fiesta rice Fresh broccoli & cauliflower/hummus Fresh apple wedges Purple & gold fruit cup (Fresh blueberries & pineapple) Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Cheese quesadilla</p>	<p>12 Hash brown, sausage links</p> <p>Sausage or cheese pizza *Local food spotlight-Honey-glazed carrots, Iowa Food Hub Tossed salad greens/dressing Celery/peanut butter Mixed fruit Strawberries & bananas Ice cream with toppings Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Crispitos/salsa</p>
<p>15 Sausage gravy/buttermilk biscuit</p> <p>Hot ham & cheese or PB&J Uncrustable Tortilla <i>Scoops</i> with regular or black bean salsa *Local food spotlight-Iowa sweet corn Variety of fresh vegetables/dip Grapes & kiwi Variety of applesauce Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Mini corn dogs</p>	<p>16 Variety of muffins, yogurt</p> <p>Crispy chicken tenders/dipping sauce *Local food spotlight-Baked potato bar-sour cream, butter, cheese, diced ham Dinner roll/butter *Local food spotlight-Steamed broccoli Mixed fruit cup Variety of apples Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Shrimp poppers/cocktail sauce</p>	<p>17 Bacon, egg & cheese biscuit</p> <p>Pepperoni pasta *Homemade recipe favorite <i>Bosco stick</i>/marinara Cauliflower & fresh pepper strips/hummus or dip Mandarin oranges Variety of melon Oreo fluff *Student request Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-3-cheese Calzone</p>	<p>18 Cinnamon swirl French toast/syrup</p> <p>Super-stacked grilled cheese on Texas toast Tomato soup/crackers D'Animals yogurt Tossed salad greens/dressing Cucumbers & grape tomatoes/hummus or dip Cantaloupe & honeydew Pears Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Toasted Italian sub</p>	<p>19</p> <p>Cook's choice breakfast & lunch menus TBA</p> <p>*1:00 dismissal</p>
<p>22 Pancake sausage bites/syrup</p> <p>Seasoned beef/chips/Queso Salsa, sour cream, shredded lettuce Southwest guacamole *Student request Refried beans Carrots/dip or hummus Peaches Bananas Chocolate chip oatmeal bar Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Fiestada pizza/Doritos</p>	<p>23 Ham & cheese croissant</p> <p>All-beef hot dog or BBQ rib/bun <i>Sun chips</i> Baked beans Variety of fresh vegetables/dip Strawberries Apple salad *Local food spotlight-Vanilla yogurt-Country View Dairy Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Sriracha honey chicken *Customer favorite!</p>	<p>24 *Local food spotlight-Fresh apple cider donuts</p> <p>Breakfast pizza Hash brown Variety of juice Cucumbers & grape tomatoes/dip Cuties Mixed fruit cup Graham crackers/frosting cup *new item Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Sausage, egg & cheese croissant</p>	<p>25 Scrambled egg bowl with sausage</p> <p>Breaded pork tenderloin Mashed potatoes/gravy Fresh-baked dinner roll/butter Go-gurt Broccoli & cauliflower/dip Fresh apple wedges Purple & gold fruit cup Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Crispy oven-roasted chicken legs *Student favorite!</p>	<p>26 Frosted cinnamon roll</p> <p>Stuffed crust pepperoni or cheese pizza Marinara sauce *Local food spotlight-Seasoned green beans, Iowa Food Hub Coleslaw or tossed salad greens/dressing Watermelon Pears Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Supreme pizza</p>
<p>29 Breakfast pizza</p> <p>Mandarin orange chicken or popcorn chicken/dipping sauce Rice pilaf Fresh pepper strips/dip Celery/peanut butter Grapes Pineapple Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Breaded Cod nuggets/tartar sauce</p>	<p>30 Homemade egg bake, toast</p> <p>Pasta with meat sauce *plain pasta available Garlic breadstick Tossed salad greens/dressing Snap peas/hummus or dip Variety of applesauce Mixed berry cups *Local food spotlight-Variety of frozen yogurt-Country View Dairy Choice of milk <u>Elem alternate</u>-Pirate pack <u>MS/HS alternate</u>-Chicken Alfredo/pasta</p>	<p><u>2023-2024 meal pricing</u> Breakfast *Available to all students every day* PreK-12 students \$1.70 Adults/guests \$2.05</p> <p>Lunch PreK-5 \$2.60 6-8 \$2.65 9-12 \$2.70 Adults/guests \$4.85 "Grab & go" salad \$2.75 A la carte entrée (grades 5-12) \$1.75 Milk \$4.45</p> <p>"This institution is an equal opportunity employer"</p>		